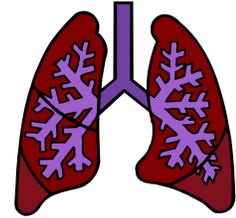


Diskus Use



1. Stand up straight and tall.
2. Open the diskus by placing thumb in thumb grip, and pushing away until the mouthpiece appears.
3. Hold the diskus level.
4. Slide the lever away from you as far as it will go, until it clicks.
5. Exhale forcefully, then hold breath.
6. Tilt head back or keep at level.
7. Holding breath, place the mouthpiece between lips and close lips.
8. Breathe in steadily and deeply through the diskus.
9. Hold breath for 8-10 seconds, if possible.
10. Exhale slowly.
11. Close diskus.
12. Rinse child's mouth at the end of the treatment.