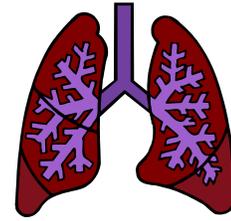


Inhaler Use



Metered Dose Inhaler (MDI) with Masked Aerochamber:

1. Never give the MDI if you are rushed. Stop if the child is crying - try again in a few minutes. Smile! Play! Have fun with your child!
2. Hold infant level with head elevated OR sitting up, chest straight and erect OR stand up toddler/child straight and tall.
3. Steady and balance child at all times, but shake the MDI briskly for 5-10 seconds.
4. Remove the cap and connect the MDI to the Aerochamber.
5. Place the mask gently to the face covering the mouth and nose. Create a gentle seal.
6. Spray only one puff from the MDI at a time.
7. Maintain the gentle seal. Observe the gray inspiratory valve opening at least 6 times.
8. With an older child, encourage 4-6 deep breaths, and have them hold it for as long as possible (8-10 seconds is best).
9. Remove the mask from the face.
10. Wait 30-60 seconds before the next puff.
11. Shake MDI again before every puff.
12. Rinse child's mouth or wash it with cloth at the very end of the treatment.

Metered Dose Inhaler (MDI) with Mouthpiece Aerochamber or Inspirease:

1. Stand up straight and tall.
2. Shake the MDI briskly for 5-10 seconds.
3. Remove the cap and connect the MDI to the Aerochamber / Inspirease.
4. Exhale forcefully, then hold breath.
5. Tilt head back or keep at level.
6. Holding your breath, place the mouthpiece between front teeth and close lips.
7. Spray only one puff at a time from the MDI.
8. Inhale slowly and deeply through the mouth until a full breath is taken.
9. You should NOT hear a whistle. If you do, exhale and do not count this puff.
10. Hold breath for 8-10 seconds, if possible.
11. Exhale slowly.
12. Wait 30-60 seconds before next puff.
13. Shake MDI again before every puff.
14. Rinse child's mouth or wash it with cloth at the very end of the treatment.