

**DEPARTMENT OF THE AIR FORCE
10 MEDICAL GROUP
UNITED STATES AIR FORCE ACADEMY, COLORADO**

MEMORANDUM FOR _____

FROM: 10 MDG/SGSAR (719) 333-5235
4102 PINION DRIVE, SUITE 100
USAF ACADEMY, CO 80840-4000

SUBJECT: COMPUTED AXIAL TOMOGRAPHY (CAT SCAN) APPOINTMENT/PREPARATION

1. You have been scheduled for an appointment on _____,
Day
_____, at _____.
Date Time
2. Please arrive 10 minutes early for your appointment if possible. If you arrive more than 10 minutes late, you may be rescheduled. If you are running late, please call us and let us know so we can tell you if you should still come in or if you need to be rescheduled.
3. Unless otherwise instructed by your physician, please follow the instructions below:
 - () **A. DO NOT TAKE ANYTHING BY MOUTH AFTER MIDNIGHT PRIOR TO YOUR EXAM. ****IMPORTANT EXCEPTION****** You may continue to take any prescribed medications as directed by your physician. Small amounts of water may be taken as needed.
 - () **B.** You may eat a light breakfast and have clear liquids up until four (4) hours prior to your exam. **DO NOT TAKE ANYTHING BY MOUTH FOUR (4) HOUR PRIOR TO YOUR EXAM ****IMPORTANT EXECPTION****** You may continue to take any prescribed medications as directed by your physician. Small amounts of water may be taken as needed.
 - () **C.** You must drink a special contrast media (SCAN C) as follows:
 1. A.M. Appointment:
 - a. 1st bottle at bedtime on the night before your exam.
 - b. 2nd bottle two (2) hours prior to your exam.
 - c. 3rd bottle one (1) hour prior to your exam.
 2. P.M. Appointment
 - a. 1st bottle morning of exam.(Preferably before 7 a.m.)
 - b. 2nd bottle two (2) hours prior to your exam.
 - c. 3rd bottle one (1) hour prior to your exam.
 - () **D.** All female exams dealing with the pelvis require the use of a tampon. You may use one from home or we can supply you with one.

****DIABETIC ALERT**** If you are diabetic, please consult with your physician before proceeding with any portion of the instructions which require you to fast!

Please see reverse side for more information

4. Many of our exams require the use of an IV contrast agent. It is an iodine based solution that is injected into one of your veins via an IV. If you have an allergy to iodine, please let us know.
5. Some of our exams of the abdomen or pelvis require us to put either air or liquid into your colon through an enema tip placed in your rectum. It is ONLY used when your doctor feels it is necessary to help interpret your study.
6. Upon completion of your exam, you may be asked to remain in the CAT scan area for a short time while a radiologist reviews your study to confirm its completion. Thank you for your patience.
7. Occasionally, our schedule gets delayed due to emergency add-ons or because an earlier exam took longer than we had anticipated, we regret any inconvenience this may cause. Your patience and understanding in these circumstances is greatly appreciated.
8. If you need to change/cancel your appointment, please call us at 333-5096 as soon as possible so we can better serve you and our other patients. If you have any questions concerning these instructions, please call us. We will answer any as best we can.