

Want to know more? Contact your:

Community Support Coordinator

P: 719 556-6768

BLDG 350, Room 2221

Facebook: Peterson AFB Community Support

Military Community Support

Military One Source, 24/7

1-800-342-9647

www.militaryonesource.com

Military & Family Life Consultants

(719) 342-9572

(719) 425-1115

21st Force Support Squadron

www.21fss.com

Air Force Aid

(Emergency Financial Assistance,

www.afas.org

American Red Cross

Pikes Peak Chapter

(719) 785-2734

www.redcross.org/Colorado

Emergency Message Support

(877) 272-7337

Armed Services YMCA

2190 Jet Wing Dr

www.ppymca.org

FB: SoutheastArmedServicesYMCA

719.622.9622

Peak Military Care Network

Peakmilitarycarenet.org



What is the Community Action Information Board?

This quarterly board is comprised of senior leadership and helping agency representatives and is chaired by the Installation Commander. The Community Action Information Board (CAIB) takes a strategic, cross-functional look at quality of life, personnel readiness, and community issues to formulate long-term solutions. The CAIB approach to community problem-solving takes a broad perspective to integrate and synergize efforts to address community concerns. The installation CAIB identifies individual, family, installation, and community concerns. The CAIB approves a Community Action Plan every two years to guide the CAIB's activities and to establish priorities for the organizations participating on the CAIB.

What is the Integrated Delivery System?

The Integrated Delivery System (IDS) functions as the action arm of the CAIB and develops a comprehensive, coordinated plan for integrating and implementing community outreach and prevention programs (e.g., financial management; violence awareness, intervention, and prevention; health promotion; tobacco cessation, etc.). The IDS improves the delivery of human service programs by establishing a seamless system of services through collaborative partnerships and coordinated activities. The IDS prepares a base Community Action Plan at least every two years to guide the activities of the IDS, CAIB, and member organizations using the results of AF community needs assessments and other available data.

What is Comprehensive Airman Fitness?

The goals of Comprehensive Airman Fitness (CAF) are

- Airmen taking care of Airmen
- Embracing the Wingman concept
- Airmen and families maintaining a lifestyle of comprehensive fitness

Positive Behaviors: Caring, Committing, Connecting, Communicating, and Celebrating

Holistic Health: Mental Fitness, Physical Fitness, Social Fitness, and Spiritual Fitness



PETERSON AFB COMMUNITY SUPPORT



Comprehensive Airman Fitness Mission

Build & sustain a thriving and resilient Air Force community which fosters mental, physical, social, and spiritual fitness

Peterson AFB Community Helping Agencies Guide

Supporting the Total Force

Active Duty

DoD/NAF Civilians

Air Force Reserve

Air Force Family Members

Air National Guard

Air Force Retirees

**Community Support Coordinator
Beverly B. Price**

Email: 21sw.caib.ids@us.af.mil

Facebook: Peterson AFB Community Support



Airman & Family Readiness Center

Bldg 350, Room 1203—(719) 556-6141
Comprehensive Employment, Financial, Readiness, Relocation, Transition, Volunteer, Personal & Work-life, School Liaison & Exceptional Family Member support & workshops

Email: 21fss.fsfr@us.af.mil

Website: www.21fss.com

FB: Peterson AFB Airman & Family Readiness Center



Chapel Community—Peterson AFB

21 SW/HC, 455 Vincent Street,

(719) 556-4442,

After-Hours Emergencies: (719) 556-4555

The Chapel ministry team is committed to serving the spiritual readiness needs of the 21st Space Wing and our military community. The Chapel supports the free exercise of religion and serves the spiritual readiness needs of Team Peterson by offering worship services, religious education, counseling (Personal, Pre-Marriage, Marriage), Weddings, Baptisms/ Dedications, Funerals/Memorial Services, Ministry in Deployed Locations. The Chapel operates the Airman Ministry Center Eclipse Cyber Café in the 1st floor of Dorm 1164. Free gourmet coffee drinks, internet access, video gaming, computers, and big screen TVs are available. Cyber Café hours are Weds & Thurs, 1700-2100, Fri & Sat, 1700-2400, and Sunday, 1300-2100.



Equal Opportunity (EO) Office

Bldg 350, Room 2226, PAFB

(719) 556-7691

Email: 21sw.eo.wf@us.af.mil

The EO staff conducts informal inquiries, coordinates complaint investigations, and conducts mediation of workplace disputes in the civilian workforce. Also provides human relations training, such as diversity, guidance in formal and informal EO opportunity and treatment complaints processing. We encourage people to use the chain of command and support early resolution of issues.



Family Advocacy Program

110 W. Ent Ave, Bldg 725, PAFB

(719) 556-8943, Hrs: 0730-1630, M-F

DAVA 24/7 Crisis Line: 719-244-9903

Office: 719-556-8571

FAST - Family Advocacy Strength Based Therapy (no med record/no CC notification) offers individual, couples and family counseling. Adult and Child Maltreatment Intervention Services. New Parent Support Program, Breastfeeding Classes & support, In-home assistance. Domestic Abuse Victim Advocate (DAVA) services. Parenting classes, Anger & Stress Management, Effective Communication, DADS 101, Marriage and Singles Retreats, Special Emphasis Month activities.



Health & Wellness Center

Building 560 (Peterson Fitness Center), Room 200 (2nd Floor)

Hours: 7:30 a.m. - 4:30 p.m.

Address: 559 Vincent St.,

Phone (719) 556-4292

Fax (719) 556-6773

What's a HAWC?

The Peterson Health and Wellness Center is part of the 21st Medical Group and is staffed with medical professionals dedicated to prevention education and health enhancement. These "one-stop" shops for health, fitness, nutrition, tobacco cessation and outreach utilize education and intervention programs to decrease health risks, enhance fitness and conditioning, and increase personal performance.

Services include body fat composition and resting metabolic rate analysis, biomechanical gait analysis, maximal oxygen consumption testing, weight management, cholesterol, high blood pressure and diabetic education, tobacco cessation classes, pre-natal education, exercise and nutrition consultation, and physical training leader certification.

HAWC Customers

The Peterson Health and Wellness Center services Peterson AFB, Cheyenne Mountain AFS, Thule Air Station and AF Space Command Major Command. Our services are open to active duty, retirees, reservists, military dependents, and base-employed civilians and contractors. Certain programs are limited to medical beneficiaries. Exercise, nutrition and tobacco programs are open to those over the age of 16.

HAWC scheduling website: <https://eis.afspc.af.mil/unit/21sw/21ams/HAWC/Hawcclasses/default.aspx>

Mental Health Office

Location: Bldg 725, Corner of ENT & Vincent
Phone: (719) 556-7804, Hours: M-F, 0730-1630

Services provided:

- > Individual Counseling or Marital Counseling
- > Stress or Anger Management
- > Post-Deployment Counseling
- > Psychotropic Medications
- > Chronic Pain Management
- > Behavioral Health Optimization Program
- > Alcohol & Drug Abuse Prevention & Treatment
- > Alcohol Assessment & Education classes

302 Reserve Forces POC: (719) 556-7312

Location: Bldg 893, Room 114, Monday-Friday and Primary UTAs. Assists Reserve Forces and families



Sexual Assault Prevention & Response Program (SAPR)

Bldg 350, Room 2131, Peterson AFB

Office Line: (719) 556-6972

24-Hour Crisis Line:

(719) 556-7272 (SARC)

The Sexual Assault Prevention and Response (SAPR) team is dedicated to providing the best possible service to ensure that each person makes a smooth transition from "victim" to "survivor" and to use education and bystander intervention as the primary means of achieving an environment free of sexual assault. The SAPR office can provide services and/or referrals to adults affiliated with the base



R.P. Lee Youth Center Location: 100 Selfridge St

Bldg 1555, Peterson AFB CO 80914

Youth Center Phone: (719) 556-7220

Youth Sports Phone: (719) 556-5242

Email: Peterson.youth.center@us.af.mil

Website: www.21fss.com/about/rp-lee-youth-center

Open Recreation—School Age — Youth sports programs