

## 21st Medical Group

Starting on May 18, 2020, the 21st Medical Group will begin a phased approach to increasing face-to-face care for routine, wellness and non-infectious acute needs. These face-to-face services will be limited in number to begin with and increase as the public health environment improves.

Pediatrics will start seeing well-child visits ages 4-years and under.

For non-infectious acute issues and routine needs, the clinic continues to offer virtual visits (by telephone) and telehealth visits (by video). If, during the course of the call or video chat, the provider feels it is medically necessary for a face-to-face visit, then the medical provider will schedule a face-to-face appointment.

All non-infectious acute issues and routine/wellness care will be seen in our Wellness Zone. All patients will be screened prior to entry and declined admittance to that Zone if they have symptoms concerning for COVID-19.

For infectious acute needs, the clinic continues to offer all the above avenues of care in addition to face-to-face appointments as needed. All infectious acute needs will be seen in our Sick Zone.

The drive-thru pharmacy remains unchanged as does the drive-thru COVID-19 testing site. For an appointment, please call (719) 556-2273, option 1.

**Mental Health:** The Mental Health Clinic and ADAPT are open for Active Duty Members. Active Duty walk-ins are welcome at the Mental Health Clinic. Patient appointments in MHC, ADAPT, and FAP continue, but may be virtual. DAVA and NPSP services remain available. For any questions on services please call 719-556-7804 or 719-556-8943.

### **Zantac/Ranitidine Advisory**

Patients are advised to stop taking over-the-counter ranitidine products, aka Zantac. Dispose of them properly and not buy more. Patients taking prescription ranitidine are advised to contact their health care provider about possible alternatives. In light of the COVID-19 pandemic, patients are encouraged not to come to the pharmacy to dispose of unwanted medications, but rather to discard them using the FDA's disposal recommendations described below.

**Medicine Disposal:** Please visit <https://www.fda.gov/consumers/consumer-updates/where-and-how-dispose-unused-medicines>

[CDC Guidelines for Cleaning and Disinfecting Households](#) / [Printable Cheat Sheet](#)